

EPIPHANY'S SPORTS PROGRAM HANDBOOK

INTRODUCTION:

The Sports Program Handbook contains the philosophy and the rules and regulations of Epiphany Parish Athletic Program. Parents and students are to familiarize themselves with the handbook and are to return the Athletic Contract before participation in the Athletic Program. The pastor has the final say in the interpretation, application, and administration of the rules of the Program.

PHILOSOPHY:

Participation in the Epiphany Parish Athletic Program contributes to the physical, social, and spiritual growth of the student/player involved and therefore, develops the student/player as a Christian person. With this in mind, the philosophy of the Epiphany Parish Athletic Program accordingly strives to:

- * provide a positive atmosphere in which both student/player and coaches enjoy the athletic activity
- * teach the basic fundamentals of the appropriate sport
- * teach good sportsmanship
- * teach the value of teamwork, cooperation and responsibility towards their team
- * promote true "Student/player"
- * create athletes who develop to their maximum potential in skills and attitude at their level
- * ensure players have fun while competing

This philosophy is to be apparent at all levels.

SPIRIT OF COMPETITION:

Sports activities are designed to help in achieving our mission of educating the whole child. Winning and losing are mere outcomes of sports activity. Abusive language, attitude, and manipulation of the rules to further winning are not "just part of the game." What is part of the game is the simple satisfaction of playing and the interdependence of teamwork, along with improving fitness and enhancing friendships. Without your opponent, you have no game, no contest, and absolutely no fun. You are indebted to them as they are to you. In a fundamental way, then, competing against an opponent is based on cooperation. Upholding high standards of integrity and fair play acknowledges this idea of cooperative competition. An intentional violation of the rules, no matter how small, is considered cheating and a direct offense against these principles. All players are asked to exercise good judgment in caring for the safety of others as well as themselves. The goal of lifetime skills through lifetime sports offers meaning beyond that of a win or a loss, the memory of which often fades quickly. All players are asked to play within the context of the spirit of competition.

ACADEMICS AND CONDUCT:

The coach (with the approval of the athletic director) or the Athletic Director may restrict a student from participation for poor conduct while at practice or at any Epiphany's athletic activity. Students who miss practice or have discipline problems may also be restricted from participation by the coach with the approval of the Athletic Director.

Coaches must notify the parents when any player has been restricted from participation.

Epiphany practices and games take precedence over other extracurricular activities.

If a student is absent from school, he/she may not attend practice that day or play in a game scheduled that day unless permission is given by the Athletic Director. If a student quits a team without the approval of the Athletic Director at any time after initial sign-ups, he/she may be restricted from participation in the same sport the next year.

All sports fees are non-refundable.

PARENT PARTICIPATION :

Parents are responsible for making sure their children get to and from all games and practices on time. Coaches are not responsible for transportation. Parents are welcome at all games. We encourage you to come out and cheer your children's efforts. However, remember that children learn best by example. Boo-ing or negative yelling by any guest at officials, opponents, or opponents' fans will NOT be tolerated. Good sportsmanship should always guide our spectators, regardless of others' behavior. All parents must attend a team meeting with the coach for their child to be able to participate in the Epiphany Sports program. Parent support is **required** in all sport fundraisers to cover the cost of the program. **No money comes from tuition.** Volunteers are always needed as coaches and assistants, scorekeepers, timers, and workers for refreshment stand. If you are interested, please call the Athletic Directors.

CRITERIA FOR DETERMINING COACHES:

Coaches are volunteers devoting their time to helping our children. Coaches will be assigned at the discretion of the Athletic Directors depending on the needs of the program. Coaches are picked without regard of race, color, or gender. Coaches must attend a coaching clinic to be eligible to coach.

Coaches, either head or assistant, are assigned by the Athletic Directors. Head Coaches must be at least of high school age. Coaches will arrive and end practice at the designated time. Coaches will not use profanity when speaking to students, refs, or other coaches. All coaches over 18 years of age must be livescan fingerprinted prior to the start of a season or will not be allowed to coach.

PLAYERS AND PARENTS AGREEMENT:

- **Unexcused habitual tardiness will result in disciplinary action.**

If you have to be excused from practice, you must call your coach.

Excused Absences: illness, doctor's appointment, family emergency, school related obligation or family related events.

Unexcused Absences: not notifying coach or any other athletic events.

- **Be properly dressed:**

Practice apparel: proper athletic shoes, socks, and appropriate practice apparel.

School uniforms are NOT considered practice apparel.

Game apparel: proper athletic shoes, socks, and appropriate complete and clean uniform. No jewelry and hair clips.

- **Players, coaches, and spectators are responsible for leaving facilities as they found them upon arrival.**
- **Any shirt worn under you game jersey MUST be the same color of the jersey.**
- **If you fail to wear the proper game day attire, then you may NOT play in that game.**
- **Do your required schoolwork and homework.**
- **Report all injuries to the coaches.**
- **When you are at practice, be enthusiastic and supportive.**
- **Receive all encouragement and coaching from staff members and players in a constructive and positive manner. Give your full attention to the coach during practices and games.**
- **You are responsible for your uniform. If a uniform is lost, stolen, or ruined, your \$60 deposit will not be returned to you.**
- **After a game, you must be dismissed by the coach. Make sure you take all of your belongings.**
- **REMEMBER THAT YOU REPRESENT **EPIPHANY** PARISH. YOUR Demeanor, BOTH ON AND OFF THE COURT OR FIELD, IS A DIRECT REFLECTION OF THE PARISH.**
- **Any behavior that is viewed by the coaching staff as inappropriate may result in revocation of the athletic privilege.**
- **Player, parent and coach shall sign code of ethics at the beginning of each sports year.**

FEES:

The fees will be set each year according to the needs of the program.

The 2010-2011 fees are:

- \$110.⁰⁰ per student, per sport,
- \$60.⁰⁰ uniform deposit

All sports fees are non-refundable.

PERMISSION FORMS:

Parent's signature on the permission form, the emergency form, handbook agreement, and on the code of ethics must be on file and all fees paid before a student can participate in the sports program. Failure to do so may cause a student to become ineligible to play.

GRIEVANCE PROCEDURE:

If a parent has a grievance concerning the program, the following procedure must be followed:

1. Discuss the matter with the coach.
2. If that proves unsatisfactory, present the matter to the Girls' or Boys' Athletic Director.
3. If still unsatisfied, put the grievance in writing and then present it to the pastor.

Note: Compliance with our grievance procedure is essential to our sports program.

UNIFORMS:

Epiphany's uniforms are only to be used for Epiphany's games, not for use at practices or as play clothes. Epiphany's Athletic Program is the only provider of uniforms and athletic equipment. Uniforms and equipment not issued by the Athletic Program may not be used at any athletic event. All team players will be responsible for the return of their uniforms upon the completion of the season for which the uniform was issued.

1. A deposit in the form of a check or money order for \$60.00 is required at the time of each uniform pickup.
2. The check or money order will be returned when the uniform is returned in good condition at the end of each sport.
3. If the uniform is lost, stolen, damaged, or not returned your deposit will not be returned.

THE SPORTS PROGRAM:

Epiphany offers a variety of sports for students in Grades 3-8. Kindergarten through 2nd graders are offered tball and coach pitched baseball. At minimum, Epiphany Parish participates in the CYO and SFYBL Leagues. Epiphany Parish may participate in other leagues deemed appropriate. The players and coaches are governed by the rules of the leagues in which they participate.

All sports, all teams: To be eligible to play, all players must be present and listed in scorebook/line-up card at the start of each game.

GIRLS' PROGRAM INCLUDES: (Team Grade 3-8):

VOLLEYBALL
BASKETBALL
SOCCER

BOYS' PROGRAM INCLUDES:

BASEBALL	Grades K-8
BASKETBALL	Grades 3-8
SOCCER	Grades 3-8

AWARDS:

Sports Awards ceremonies are determined by the Athletic Directors.
All grades will receive awards with special recognition awards given to eighth graders.

2010-2011 CONTACT INFORMATION: Gym Phone: (415) 333-5562

- **Boys' Athletic Director: Phil Blandino (415)**
- **Girls' Athletic Director: Maureen Moriarty (415) 584-6373**
- **Gym Director: Rick Simpliciano (415) 860-1703**

ATHLETIC PROGRAM CONTRACT:

I have read and agree to be governed by the rules and regulations of the
Epiphany Parish Athletic Program.

FAMILY NAME _____

STUDENT SIGNATURE _____ **GRADE** _____

STUDENT SIGNATURE _____ **GRADE** _____

STUDENT SIGNATURE _____ **GRADE** _____

PARENT/GUARDIAN SIGNATURE _____ **DATE** _____

PARENT/GUARDIAN SIGNATURE _____ **DATE** _____

Please sign and return this form no later than: _____

PARENTS' CODE of CONDUCT

I hereby pledge to provide positive support, care and encouragement for my child participating in youth sports by following this Parents' Code of Conduct Pledge.

I will inform my guests of their expected behavior.

I will participate in all sport fundraisers.

I will encourage good sportsmanship by demonstrating positive support for all players, coaches and officials at every game, practice or other youth sports event.

I will make **Epiphany** practices and games a priority over other extracurricular activities.

I will place the emotional and physical well-being of my child ahead of a personal desire to win.

I will insist that my child play in a safe and healthy environment.

I will support coaches and officials working with my child.

I will help ensure that the sports environment is free of drugs, tobacco, and alcohol and will refrain from their use at all youth sports events.

I will remember that the game is for youth--not for adults.

I will do my very best to make youth sports fun for my child.

I will ask my child to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.

I will promise to help my child enjoy the youth sports experience by doing whatever I can, such as being a respectable fan, assisting with coaching or providing transportation.

I will ensure my child is dropped off directly with the coach(es) and picked up from the coach(es) promptly at the designated times for practices and games.

I will require that my child's coach(es) upholds the Coaches' Code of Ethics.

I understand that if I do not follow this Parents' Code of Conduct, the **Epiphany** Athletic Board and/or the Pastor may remove my child from his/her team.

<hr/>	<hr/>	<hr/>
Parent Signature	Print Name	Date

PLAYERS' CODE OF CONDUCT

I hereby pledge to be positive about my youth sports experience and accept responsibility for my participation by following this Player's Code of Conduct Pledge.

I will encourage good sportsmanship from fellow players, coaches, officials and parents at every game and practice by demonstrating good sportsmanship.

I understand **Epiphany** practices and games take precedence over other extracurricular activities.

I will attend every practice and game that I can and will notify my coach if I cannot.

I will expect to receive a fair and equal amount of playing time.

I will do my best to listen and learn from my coaches.

I will treat my coaches, other players, officials and fans with respect regardless of race, creed, sex or abilities and I will expect to be treated accordingly.

I deserve to play in an environment that is free of drugs, tobacco and alcohol and expect adults to refrain from their use at all youth sports events.

I will encourage my parents to be involved with my team in some capacity because its important to me.

I will do my best in school.

I will remember that sports are an opportunity to learn and have fun.

_____	_____	_____
Player Signature	Print Name	Date
I understand that if my child does not follow this Player's Code of Conduct, the Epiphany Athletic Board and/or the Pastor may remove my child from his/her team.		
_____	_____	_____
Parent Signature	Print Name	Date

COACHES' CODE of CONDUCT

I hereby pledge to live up to the guidelines and standards as a Coach for [Epiphany School](#) by following the Coaches' Code of Conduct.

I will place the emotional and physical well being of my players ahead of a personal desire to win.

I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.

I will do my best to provide a safe playing situation for my players.

I will promise to review and practice the basic first aid principles needed to treat injuries of my players.

I will lead by example in demonstrating fair play and sportsmanship to all my players.

I will provide a sports environment for my players that are free of drugs, tobacco and alcohol and I will refrain from their use at all youth sports events.

I will be knowledgeable in the rules of each sport that I coach and will teach these rules to my players.

It will be my responsibility to supervise all players from the time practices and games start, until a parent or guardian picks them up.

I will use those coaching techniques appropriate for each of the skills that I teach.

I will remember that I am a youth sports coach and that the game is for children and not adults.

I understand that if I do not follow this Coaches' Code of Conduct, the [Epiphany Athletic Board](#) and/or the Pastor may relieve me of my coaching duties.

<hr/>	<hr/>	<hr/>
Coaches Signature	Print Name	Date

PARENT UNIFORM AGREEMENT

Back to
Athletic Board

I, _____, the parent/guardian of _____
acknowledge that my child has received a team uniform. I have inspected this uniform and
have found it to be in good condition. I understand that normal wear will occur. However, I
agree to accept responsibility for any uniform jersey that is stained, ripped, torn, and has a
missing button, or that has sustained any other than normal wear. I understand that it is my
responsibility to replace any such uniform as defined in the Epiphany Sports Program
Handbook.

A \$60 deposit (check or money order) is required at the time you receive your uniform and
will be returned once the issued uniform is returned in good condition.

Parent/Guardian Signature: _____

Uniform issued for: (circle appropriate sport)

VOLLEYBALL

BASEBALL

BASKETBALL

SOCCER

This portion to be completed by Uniform Coordinator

SHIRT# _____ SIZE _____ SHORTS# _____ SIZE _____

DATE: _____

GRADE: _____

CHECK# _____

Original to be held on file with deposit by the Athletic Board

ATHLETES MEDICAL INFORMATION

Back to
Athletic Board

Child's Last Name	First Name	Birth Date
Address (street number, name, apt #)		Grade
City	Zip Code	Home Phone Number
Mother / Guardian		Work Phone Number
Father / Guardian		Work Phone Number

In the event of an apparent serious illness or accident when I cannot be reached, I wish one of the following persons to be notified by telephone. They are authorized to act in my absence regarding decisions to provide medical care to my child as identified above.

Name: _____

Relationship: _____

Address: _____

Phone #: (____) _____

Name: _____

Relationship: _____

Address: _____

Phone #: (____) _____

continued

In case of an emergency, when my emergency contacts or I cannot be reached, I give my permission to obtain or administer whatever medical services should be necessary. I agree to inform the coach in writing should my child be on medication during any game or practice.

Parent / Legal Guardian

Physician Name

() _____

Phone Number

Dentist Name

() _____

Phone Number

Please describe any allergies, allergic reactions or any other medical conditions that may affect your child's performance:

Please list any medical prescriptions:

EPIPHANY'S ATHLETIC BOARD PARENT/PLAYER EVALUATION FORM:

Here at Epiphany, we are grateful for all the time and energy our volunteer coaches put in and the sacrifices they make for the children of the parish. The board is committed to providing the best possible program for the athletes. Along those lines, we make this questionnaire available to you. This will assist us in providing constructive feedback to our coaches each year. Without feedback, it is impossible for the board to accurately evaluate and improve the athletic program. Please take the time to fill out this form and return it to the Parish Office ATTENTION: Athletic Directors. This form **is confidential** and will be viewed only by the board. We may share the information with the coaches, but not the form itself. This evaluation is for the head coach, but feel free to comment on an assistant coach on the back side of this form. Thank you for your time in this important matter!

COACH'S NAME: _____

GRADE AND SPORT: _____

PARENT AND PLAYER NAME _____

Rating Scale: 1- Below average, 2- Average, 3- Good, 4- Very good, 5- Excellent

General

- ___ 1. This coach is fair and impartial in his treatment of all players.
- ___ 2. This coach has a supportive attitude towards non-starters and injured players.
- ___ 3. This coach has helped make your participation on this team a challenging and rewarding experience.
- ___ 4. This coach gives recognition for effort as well as performance.
- ___ 5. This coach represents himself/herself appropriately, reflecting the athletic philosophy in the presence of the team and public.
- ___ 6. Players and coaches treat each other with respect and concern for the well being of all.
- ___ 7. This coach has the ability to get the best out of the players.
- ___ 8. This coach clearly communicated and enforced team rules.
- ___ 9. This coach maintained discipline on the team.

Practice

- ___ 10. Practices are constructive with a variety of drills and techniques.
- ___ 11. Practice time is used effectively.
- ___ 12. The coach communicates in a positive manner during practice.

Games

- ___ 13. The coach handles himself/herself with patience and maturity during games.
- ___ 14. The coach distributes playing time fairly among the athletes.

Comments (Please elaborate on any score below a 3 in the above questions):

Please return this form to the Parish Office ATTN: Athletic Directors.